



ULSTER HOCKEY UNION

2020 – 21

DISCIPLINARY PROCEDURES & REGULATIONS

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1.0 Introduction

1.1. In these Regulations:-

- Regulation headings herein are inserted for ease of reference only and shall not affect the construction or interpretation of these Regulations / Procedures;
- The outdoor leagues (including play-offs) and cups shall be counted as one competition and the indoor leagues (including play-offs) and cups shall be counted as a separate competition and any suspension will apply only to the competition in which the suspension is appropriate, unless a time-bound suspension is imposed, in which case the suspension will apply to ALL hockey;
- Any reference in these Regulations to "writing" or "written" includes email and other forms of electronic messaging; and
- Any reference in these Regulations to the serving of documents or notification of a hearing or otherwise includes but is not restricted to postal service and communication by email and other forms of electronic messaging.

2.0 Overview – What Constitutes a Disciplinary Matter?

2.1. These Regulations apply to all Participants.

2.2. In very simple terms a disciplinary matter can arise if any rule, regulation or agreement that is in place is “broken” in some way that leads to a problem. The points below expand on this simple explanation highlighting the main areas that might give rise to a disciplinary complaint:

1. Any relevant breach, failure, refusal or neglect to comply with a provision of:
 - the Ulster Hockey Articles of Association, Regulations, Byelaws or Standing Orders;
 - any policy, codes of conduct, resolution or determination of the Ulster Hockey Management Board or Sub Committee;
 - any regulations of an event including match day misconduct, except where such breach, failure, refusal or neglect is of the Ulster Hockey Anti-Doping Regulations, or Safeguarding Policy - in such circumstances the matter shall be dealt with as set out in those regulations.
2. Conduct that is opposed to the general interests of Ulster Hockey or the sport of hockey (including, without limitation, conduct that brings the sport into disrepute, discriminatory conduct, harassment and inappropriate behaviour).
3. Behaviour that is or is likely to be prejudicial to the smooth running of an event organised by or on behalf of Ulster Hockey or any event that Ulster Hockey is associated with.
4. Any other matter raised by or about a member, Participant or anyone acting in any capacity on behalf of Ulster Hockey which raises the concern of the Ulster Hockey Management Board.

Anti-doping Regulations

2.3. Ulster Hockey has adopted the Sport Ireland Anti-Doping Rules and all matters regarding Doping shall be dealt under these rules which shall take precedence over these Disciplinary Procedures.

Safeguarding Policy

- 2.4. In all cases where there is concern about the safety or protection of children, the Chair of the Disciplinary Panel must immediately refer the matter to the Ulster Hockey Safeguarding Officer. Ulster Hockey Safeguarding Policy, when appropriate, shall take precedence over these Disciplinary Procedures.

3.0 The Disciplinary Panel

- 3.1. Ulster Hockey Management Board shall each year to approve and ratify members to the Disciplinary Panel. The Disciplinary Panel shall comprise of up to eleven (11) members. A minimum of four (4) members per gender shall make up the committee. The Board shall approve the appointment of a Chairperson, Vice Chair and up to nine (9) other members, who may include a current player and a minimum of two (2) representatives from umpiring.
- 3.2. The Disciplinary Panel shall select one (1) of its members for the role of Secretary who shall minute proceedings of all the Disciplinary Panel meetings.
- 3.3. A Disciplinary Hearing or Disciplinary Panel meeting shall be convened by the Chair or Secretary. In the event that the Chair cannot attend; or is excluded from attending due to a conflict of interest, the Vice-Chair shall assume the responsibilities and authority of the Chair of the Disciplinary Panel.
- 3.4. A quorum shall be five (5) persons including the Chair.
- 3.5. All decisions of the Disciplinary Panel shall be made by a simple majority. In the event of an equality of votes, the Chair of the Disciplinary Panel shall have a casting vote.
- 3.6. Any Disciplinary Panel Member who has an interest in, or direct knowledge of, the subject matter of the Disciplinary Hearing shall declare their interest or knowledge to the Chair of the Disciplinary Panel, in advance of the hearing. The Chair of the Disciplinary Panel shall decide whether to exclude or replace that Disciplinary Panel Member. For the avoidance of doubt, where a member of the Disciplinary Panel is an umpire in a match which is being considered by the Disciplinary Hearing, they will not be permitted to participate in the hearing or decision making process.
- 3.7. In the event that a Disciplinary Hearing or Disciplinary Panel meeting is inquorate for the purposes of Regulation 3.4, the Disciplinary Hearing or Disciplinary Panel meeting shall be adjourned and reconvened at a later date to be determined by the Chair of the Disciplinary Panel.
- 3.8. In accordance with Article 20 of the Ulster Hockey Union Constitution, the Disciplinary Panel shall consider all cases of misconduct where:
- a Participant receives a Red Card;
 - a Participant accumulates five (5) or more yellow cards during the playing season;
 - a request is received from the Ulster Hockey Management Board;
 - a misconduct or code of conduct report has been received;
 - a complaint has been received regarding an umpire; and
 - another disciplinary matter has been referred to it by the Ulster Hockey Management Board in accordance with these Regulations.
- 3.9. The following decisions, while not exhaustive are available to the Disciplinary Panel and may be applied to a Participant:
- dismiss the case

- no further action required
- issue advice & guidance to participants
- issue warning as to future conduct
- suspension for a number of matches
- suspension for a period of time
- suspension "sine die" with a defined minimum time suspension
- suspension imposed but "deferred" for a period of time
- fine imposed on Club

3.10. When deliberating on a decision, the Disciplinary Panel may consider the following

- any sanction imposed on the Participant by the Participant's Club / School in respect of the offence; and
- the Participant's previous record over the past five (5) years.

4.0 Disciplinary & Misconduct Reporting

4.i. Red Cards

4.1. There are two Red Card categories

- Category 1 Red Card (i.e. "a straight Red"). This category of Red card is reserved for the most serious offences and should be applied for offences such as an Act of violence; spitting, striking, physical assault (Causing injury), Racial / Sectarian abuse, direct repeated or foul mouthed verbal abuse (where no previous card has been issued) and sexual Harassment.
- Category 2 Red Card This category of Red Card is to be used where an umpire issues a Yellow Card and then decides to increase the sanction either because the Participant has committed another offence; escalates the offence or receives two yellow cards in one match and that a Red Card is issued at the same time.

4.2. Where the Participant has been issued with a Red Card, the Chair of the Disciplinary, the Vice Chair of Disciplinary or the Secretary of Disciplinary will carry out a preliminary assessment of the misconduct offence to determine whether it should be treated as a Category 2 Red Card. If there is any doubt whether the misconduct offence is a Category 2 Red Card, a quorate group of Disciplinary Panel will carry out an assessment of the misconduct offence and determine whether it should be classified as a Category 1 or Category 2 Red Card.

4.3. There shall be no appeal against the classification of a Red Card save for mistaken identity. In the event that a case of mistaken identity is made, the Disciplinary Panel, shall be entitled to rescind the Red card and then transfer a Red card to the Participant who the Disciplinary Panel decides was responsible for the misconduct.

4.4. For the purposes of the accumulation of Red cards, the Red card shall be treated as having been issued on the date of the match not the date that the Red card report was submitted.

Category 1: Red Cards

4.5. From the information available, if the Disciplinary Panel determine that the Red Card should be Category 1 Red card, a date will be set for the Disciplinary Hearing (it is expected that a Disciplinary Hearing will take place within 10 days of the initial assessment of the misconduct offence).

- 4.6. In addition, the Secretary of the Disciplinary Panel will issue an Emergency Suspension Notice to the Secretary of the Participant's club that is effective immediately and will remain in place until the date of the Disciplinary Hearing. However, if the Disciplinary Hearing does NOT take place within ten (10) days, then the Emergency Suspension will lapse, unless the Disciplinary Panel meet and agree to issue another Emergency Suspension Notice. An Emergency Suspension Notice can only be renewed once for the same misconduct offence.
- 4.7. Between the date that the Emergency Suspension Notice is sent to the Secretary of the Participant's Club and the date of the hearing, the Chair of Disciplinary shall be entitled to request such additional information or evidence as they see fit for consideration by the Disciplinary Panel.

Category 2 Red Cards

- 4.8. From the information available, if it is determined that the Red Card should be Category 2 Red Card, the Participant can continue to play hockey until a Disciplinary Hearing can be convened (it is expected that a Disciplinary Hearing will take place within 10 days of the initial assessment of the misconduct offence).
- 4.9. Between the date that the Red card is received and the date of the hearing, the Chair of Disciplinary shall be entitled to request such additional information or evidence as they see fit for consideration by the Disciplinary Panel.

4.ii. Yellow Cards

- 4.10. When a Participant receives a Yellow Card it will result in either a
- ten (10) minute temporary suspension; or
 - five (5) minute temporary suspension.
- 4.11. Where a Participant accumulates any combination of Yellow Cards that results in a total temporary suspension of twenty (20) minutes or more, in the same competition, the Participant will be issued with an automatic one (1) match suspension. The suspension will be effective from the first Monday following the issue of the Suspension Notice to the Secretary of the Participant's club.
- 4.12. Should a Participant accumulate five (5) or more yellow cards in a season then a hearing will be convened as described in Section 5.
- 4.13. There shall be no appeal against any suspension issued under Regulation 4ii save for mistaken identity. In the event that a case of mistaken identity is made, the Chair of the Disciplinary Panel, shall be entitled to rescind the Yellow Card and then issue a Yellow Card to the Participant who the Chair of Disciplinary decides was responsible for the misconduct giving rise to the issuing of the Yellow Card.

4.iii. Match Card

- 4.14. For each match, the umpires, or if appointed the Technical Officials, shall complete a Match Card. All Yellow and Red cards must be reported on the Match Card – umpires should confirm the identity of the Participant who has been 'carded' with Team Captains / Coaches / Managers, before completing the Match Card, so to avoid mistaken identity.
- 4.15. The Match Card must be signed by each umpire and, if applicable, each Technical Official, and by the Captain of each team.

- 4.16. Once the Match Card has been completed, if the umpires have recorded **ANY** Yellow or Red cards on the Match Card then the umpire¹ or, if appointed the Technical Officials, must take a digital image of the Match Card and send it by email to disciplinary@ulsterhockey.com, with the subject line including details of the match (League, Home Team & Away Team). The Match Card must be received within three (3) days of the date of the relevant match.

4.iv. Yellow and Red Card Reporting

- 4.17. All Yellow Cards **MUST** be noted on the Match Card, against the Participant who was awarded the Yellow Card. For each entry, the umpire or Technical Official must record how long the suspension was for (i.e. five (5) or ten (10) minutes), the type of the Yellow card (refer to the descriptions on the Match Card) and who awarded the Yellow Card (either by using the umpire's or Technical Official's initials, or using either the 'A' or 'B' code (dependent on which umpire has signed the Match Card as Umpire A and Umpire B). Where the offence is classified as 'Other', it would be helpful if the umpire or Technical Official could provide a brief explanation of the offence at the bottom of the Match card.

For the avoidance of doubt, there is NO longer a requirement to complete an additional Yellow Card Report.

- 4.18. If a Red Card has been recorded on the Match Card, then in addition, **a separate Red Card Report MUST** be sent by the umpire or Technical Official who awarded the Red Card by email to disciplinary@ulsterhockey.com. The Red Card Report MUST be received within three (3) days of the end of the match.
- 4.19. The Secretary of the Disciplinary Panel will maintain a spreadsheet of all Red & Yellow Cards issued during a season. There will be separate spreadsheets for Men's and Ladies Hockey. The spreadsheet will be shared electronically to the following persons:
- the Chair, Vice Chair and Secretary of the Disciplinary Panel
 - the Chair and Secretary of the Umpires' Committee
 - the Ulster Hockey Executive Manager.

4.v. Outstanding Red, Yellow Card and Code of Conduct Reports

- 4.20. Umpires / Technical Officials are responsible for submitting Red Card Reports to disciplinary@ulsterhockey.com as soon as possible following the completion of the match but within three (3) days. Where such reports are not received within this timescale they shall be referred to the Umpires Sub Committee by the Secretary of the Disciplinary Panel for attention, if appropriate.
- 4.21. Code of Conduct Reports should be emailed within seven (7) days of the date of the incident to disciplinary@ulsterhockey.com.

4.vi. Code of Conduct Reports / Referrals from the Management Board

- 4.22. Where a Code of Conduct Report has been received, or a referral has been made by the Ulster Hockey Management Board, the Secretary of the Disciplinary Panel will arrange for all the correspondence to be sent to the Secretary of the Club or directly to the Participant.
- 4.23. The Secretary of the Club or Participant to whom the report refers must provide a response to the Secretary of the Disciplinary Panel within seven (7) days from the date that the request is made.

¹ If both umpires have issued Yellow cards, the umpires should agree who will send the digital image of the Match Card to Ulster Hockey. There is no need for both umpires to send in the same Match Card.

- 4.24. On receipt of a response, the Secretary of the Disciplinary Panel will copy the correspondence to the Chair & Vice Chair of the Disciplinary Panel who will determine how to proceed.

5.0 Hearings

5.i. Disciplinary Hearings

- 5.1. The Chair of the Disciplinary Panel shall decide the most appropriate method to convene a Disciplinary Hearing. The expectation is that the **ALL** hearings, where appropriate, will be conducted by video link. In exceptional cases, or cases involving Participants under 18, the Chair of the Disciplinary Panel may agree to a physical hearing.
- 5.2. Notice of the Disciplinary Hearing, which will include details of the meeting, including the date, time, & video link details will be forwarded by the Secretary of the Disciplinary Panel to the Secretary of the Participant's club or School, at least seven (7) days in advance of the date of the hearing
- 5.3. In exceptional circumstances, it may be necessary to convene a Disciplinary Hearing at short notice and in such instances, the Secretary of the Disciplinary Panel will provide the Secretary of the Participant's club with as much notice as is practically possible.
- 5.4. The Secretary of the Disciplinary Panel will issue details of the Disciplinary Hearing and copies of all necessary documentation to members of the Disciplinary Panel via email in advance of the meeting.
- 5.5. The Disciplinary Panel will consider the evidence and representations from the Participant or on behalf of the Participant and decide whether or not additional sanctions or penalties should be applied to either the Participant or to the Participant's club.
- 5.6. The Disciplinary Panel will also refer to the Participant's disciplinary record over the last five (5) years when determining whether or not to sanction the participant.

5.ii. Procedures for Adult Hearings

- 5.7. Where a hearing is convened to consider a case, as detailed in Regulation 5.i, the following shall be adhered to:
- the Participant has the right to be accompanied or represented (virtually) by an officer of the club / school;
 - Chair will introduce themselves and explain the procedure;
 - the Participant is asked if they understand the procedure;
 - Umpire's (or other) report(s) is/are read by the Chair of Disciplinary Hearing;
 - the Participant is asked for their comments on the report and can elect to present evidence²;
 - the Participant's virtual accompanying person (if any) is asked for their comments and can elect to present evidence²;
 - Throughout the hearing the Disciplinary Panel may pose questions;
 - the Participant is advised that they will be notified of the decision as soon as possible;

² Such evidence can be given in any form (e.g. orally, written, audio or video). The Participant is responsible for ensuring that the evidence can be presented to the Disciplinary Panel using the technology being used for the video link

- the Participant and the Participant's accompanying person (if any) leaves the virtual hearing;
- the Disciplinary Panel discusses the case and reaches a decision;
- A Decision Letter will be sent by the Secretary of the Disciplinary Panel to the Secretary of the Participants club.

5.iii. Under 18 Hearings (Club Hockey)

5.8. Where a hearing is convened to consider a case, as detailed in Regulation 5.i, the following shall be adhered to:

- the Disciplinary Panel is reduced to four (4) including the Chair;
- the Participant MUST be accompanied (either virtually or physically) by an officer from her / his club. A parent / guardian may also attend as an observer (either virtually or physically). If the Participant is unaccompanied by an officer of their club, the hearing will be adjourned and will be re-scheduled for a later date.

5.9. Aside from these changes the Disciplinary Hearing will follow the same procedure as described at 5.7.

5.iv. Under 18 Hearings (Schools Hockey)

5.10. Only Red cards are dealt with by the Disciplinary Panel (Yellow Cards are dealt with by the Joint Schools Committee);

- the Disciplinary Panel is reduced to three (3) including the Chair, plus one (1) member of the Joint Schools Committee whose gender is the same as the Participant.
- the Participant MUST be accompanied by a member of staff from his / her school. A parent / guardian of the Participant may also attend as an observer. If the Participant is unaccompanied by a member of staff from his / her school the hearing will be adjourned and will be re-scheduled for a later date.

5.11. Aside from these changes the Disciplinary Hearing will follow the same procedure as described at 5.7.

5.v. Non-attendance at Hearings

5.12. Where a Participant is not able to participate at a hearing, the Participant (or the Participant's Club Secretary or School) MUST notify Ulster Hockey in advance of the meeting.

5.13. In the case of non-attendance, the Participant's Club / School may provide a written submission to be considered by the Disciplinary Panel. Any such submission, in either electronic or hard copy format, must be received by Ulster Hockey at least two (2) days prior to the date of the hearing (or by a date & time agreed by the Chair of the Disciplinary Panel). In exceptional circumstances, late submissions may be considered.

5.14. The Disciplinary Panel shall have sole discretion in deciding whether or not to adjourn or postpone the Disciplinary Panel hearing. Nothing shall prevent the Disciplinary Panel from convening or proceeding with a Disciplinary Panel hearing without the Participant being present or being accompanied by an individual, except when Regulation 5.8 or 5.10 applies.

5.15. Where the Secretary of the Disciplinary Panel has not received notification by 12 noon on the day of the hearing, that a Participant / Club / School will not be in attendance at the arranged Disciplinary Hearing, a fine of £50 may be levied by the Disciplinary Panel on the club / school. Details of any fine and payment procedures will be included in the notification letter issued to the club / school.

6.0 Disciplinary Panel Decisions & Serving Suspensions

- 6.1. The Secretary of the Disciplinary Panel shall keep a record of all cases heard.
- 6.2. Where a suspension is imposed, the suspension prohibits the player from participating in any capacity, i.e. playing, coaching, managing, umpiring, during the period of the suspension. Aside from 'Emergency Suspensions' which are effective immediately, sanctions imposed following a Disciplinary Panel hearing will be effective from the following Monday that the Suspension Notice is received by the Secretary of the Participant's club.
- 6.3. Suspensions will be served in all matches played under the auspices of the Ulster Hockey, however, where a "time bound" suspension is imposed, the suspension will be served in all hockey played under the auspices of Hockey Ireland.
- 6.4. The Participant must serve their suspension for matches played by the team that they are registered to play for. For the avoidance of doubt a 3rd XI player cannot count matches played by the 1st XI or 2nd XI as matches counting towards their suspension. If a club can prove that the Participant regularly plays for a higher or lower team, then these matches may be included **IF** the Participant's name appears on all four (4) preceding Match Cards for that team from the date of the suspension notice.
- 6.5. Suspensions which are not completed in full during a current season are carried over to the following season

6.i. Reports to Management Board, Ulster Hockey Union

- 6.6. The Secretary of the Disciplinary Panel shall forward a regular report to the Executive Manager of the work of the Disciplinary Panel during the season for the Ulster Hockey Management Board. The Report should contain details of all cases heard, decisions taken and any other issues to be considered by the Ulster Hockey Management Board.

6.ii. Notification

- 6.7. The Secretary of the Disciplinary Panel will prepare Decision Letters following the Disciplinary Panel and issue to the Secretary of the Participant's club or school by email.
- 6.8. The Decision Letter will contain the following information
 - details of the decision;
 - the date a suspension is effective from;
 - the conditions of the suspension;
 - details of the Appeals Procedure; and
 - the requirement on the Club to notify Ulster Hockey when and how the suspension was served.

The above information may be made available to the Club immediately following the meeting upon request.

6.iii. Publicity

- 6.9. Ulster Hockey shall publish any suspensions imposed or rescinded under these regulations on the Ulster Hockey website and any decision of the Disciplinary Panel or Appeal Hearing and shall do so in a manner and in such form as Ulster Hockey determine.

6.iv. Fines

- 6.10. Where a fine is imposed on a Club or School, details of the fine and payment procedures will be included in the Decision Letter issued to the Club or School.

6.v. Suspensions Served

- 6.11. When a suspension has been completed and **BEFORE** the individual is permitted to participate again, the Club is required to inform the Secretary of Disciplinary Panel by email disciplinary@ulsterhockey.com, of the details of the date(s) and match(es) which the individual did not participate.
- 6.12. Where a Club fails to notify the Secretary of the Disciplinary Panel, a further suspension and / or fine may be imposed.

6.vi. Appeals

- 6.13. Any Appeal against a decision of the Disciplinary Panel must be made in accordance with Article 21 of the Ulster Hockey Union Constitution.

7.0 Umpire Complaints / Misconduct

- 7.1. All complaints or misconduct allegations regarding an umpire should be made in writing and sent to the Ulster Hockey Executive Manager by the Secretary of the Club making the complaint. A fee of **£250 MUST** accompany all such complaints. All such complaints must be submitted within seven (7) days of the alleged misconduct.
- 7.2. Complaints about individual decisions or matters of interpretation during a match will **NOT** be accepted.
- 7.3. The Executive Manager, being satisfied that the complaint has been correctly submitted, will notify:
- the Chair & Secretary of the Disciplinary Panel may organise a Disciplinary Panel Hearing; and
 - the Chair of Ulster Umpires Executive Committee on a confidential basis
- 7.4. If the Disciplinary Panel determine that alleged misconduct offence merits further consideration the Secretary of the Disciplinary Panel will seek the umpire's comments on the complaint. In the case of a club umpire, the Secretary of the Disciplinary Panel will ask the Umpire's Club Secretary to arrange for the club umpire to provide a response within seven (7) days. In the case of an Ulster Hockey Panel Umpire, the Secretary of the Disciplinary Panel will ask the Chair of the Ulster Umpires Executive Committee to arrange for the umpire to provide a response within seven (7) days.
- 7.5. If required, the Secretary of the Disciplinary Panel will issue notification of the Disciplinary Panel hearing and all necessary documentation to either the umpire's Club Secretary or to the Chair of Umpires Sub Committee via email giving at least ten (10) days' notice.
- 7.6. Where a hearing is convened to consider an Umpire Complaint case, the following process shall be adhered to:
- the Umpire has the right to be accompanied (virtually) by an officer of the club (if a Club Umpire), Ulster Hockey Panel Umpire or anyone else;
 - The Chair will introduce themselves and explain the procedure;
 - the Umpire will be asked if they understand the procedure;
 - the complaint will be read by the Chair of the Disciplinary Panel ;

- the Umpire will be asked for their comments on the complaint and will be invited to take the Disciplinary Panel through any written response they have submitted;
- The Disciplinary Panel is given the opportunity to pose questions;
- the Umpire's accompanying person (if any) is asked for their comments;
- the Umpire is advised that they will be notified of the decision as soon as possible;
- the Umpire and the Umpires accompanying person (if any) leaves the meeting;
- the Disciplinary Panel discusses the case and reaches a verdict;
- A Decision Letter will be issued by the Secretary of the Disciplinary Panel by email to either the umpire's Club Secretary or to the Chair of Umpires Sub Committee

7.7. The outcome of the process, including any recommendations, from the Disciplinary Panel will be reported to the Ulster Hockey Management Board and the Chair of the Umpires Sub Committee. The Board will decide if the fee is to be retained or returned to the club or school.

8.0 Review of Procedures

8.1. A working group, made up of representatives from the Disciplinary Panel, the Umpire's Sub Committee, Executive Manager and the Ulster Hockey Management Board will carry out an annual review of these regulations and will consider proposals for amendments to the Ulster Hockey Constitution.

9.0 Appendix 1: Definitions and Interpretation

Term	Meaning
AGM	The Annual General Meeting of Ulster Hockey.
Cards	Means Green Cards, Yellow Cards or Red Cards.
Club	A club that is a full member of Ulster Hockey or is otherwise a recognised hockey body that falls within the jurisdiction of Ulster Hockey.
Complaint	Means a complaint which has been submitted to Ulster Hockey and complies with its Complaints Procedure.
Competition	All outdoor leagues (including play-offs) and cups shall be counted as one competition; and All indoor leagues (including play-offs) and cups shall be counted as a separate competition.
Disciplinary Panel	Means the Disciplinary Sub Committee (see Article 20 Ulster Hockey Constitution)
Disciplinary Hearing	Has the meaning given in Regulation 5 in this document.
Disciplinary Panel Member	Has the meaning given in Regulation 3 in this document.
Emergency Suspension Notice	This is a temporary suspension notice that lasts no more than ten (10) days and prevents the Participant taking part in ANY hockey activity during this period. It can ONLY be issued if a quorate Disciplinary Panel agree to categorise a Red Card misconduct charge as a Category 1 Red Card Offence. The suspension is effective immediately. There is no appeal against this sanction.
Match Card	Means the form used by Ulster Hockey to record players, score and penalties related to each match played under the auspices of Ulster Hockey.
Participant	This list is not exhaustive, but includes a player, coach, assistant coach, physio, manager, umpire, technical official, club, club member, director, official, officer, employee, contractor, worker, agent, representative(s) of a Club, spectator or any other person involved in or connected to the sport of hockey
Red Card	Means either a Category 1 Red Card or Category 2 Red Card.
Regulations	Means Ulster Hockey's Disciplinary Procedures and Regulations (i.e. this document)
Suspension	Means a period when a participant is not permitted to play, coach, manage, officiate, umpire or spectate within the confines of the field of play (including the dugouts) during any match within the jurisdiction of Ulster Hockey.

10.0 Appendix 2: Red Card Report



RED CARD / MISCONDUCT REPORT FROM

Competition			
Date			
Match		vs	
Player's Name		Club	
Details of Offence			
Umpire		Date	
Colleague			

Please send this report by email to disciplinary@ulsterhockey.com within 3 days of the match