



ULSTER HOCKEY LTD

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DISCIPLINARY PROCEDURES & REGULATIONS

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1.0 Introduction

1. In these Regulations:-

- Regulation headings herein are inserted for ease of reference only and shall not affect the construction or interpretation of these Regulations / Procedures;
- The outdoor leagues (including play-offs) and cups shall be counted as one competition and the indoor leagues (including play-offs) and cups shall be counted as a separate competition and any suspension will apply only to the competition in which the suspension is appropriate, unless a time-bound suspension is imposed, in which case the suspension will apply to ALL hockey;
- Any reference in these Regulations to "writing" or "written" includes email and other forms of electronic messaging; and
- Any reference in these Regulations to the serving of documents or notification of a hearing or otherwise includes but is not restricted to postal service and communication by email and other forms of electronic messaging.

2.0 Overview – What Constitutes a Disciplinary Matter?

2. These Regulations apply to all Participants.

3. A disciplinary matter can arise if any rule, regulation or agreement that is in place is “broken” in some way that leads to a problem. The points below expand on this explanation highlighting the main areas that might give rise to a disciplinary complaint:

I. Any breach, failure, refusal or neglect to comply with a provision of:

- the Ulster Hockey Ltd Articles of Association, Regulations, Byelaws or Standing Orders;
- any policy, codes of conduct, resolution or determination of the Ulster Hockey Management Board or Sub Committee;
- any regulations of an event including match day misconduct, except where such breach, failure, refusal or neglect is of the Ulster Hockey Anti-Doping Regulations, or Safeguarding Policy - in such circumstances the matter shall be dealt with as set out in those regulations.

II. Conduct that is opposed to the general interests of Ulster Hockey or the sport of hockey (including, without limitation, conduct that brings the sport into disrepute, discriminatory conduct, harassment and inappropriate behaviour).

III. Behaviour that is or is likely to be prejudicial to the smooth running of an event organised by or on behalf of Ulster Hockey or any event that Ulster Hockey is associated with.

IV. Any other matter raised by or about a member, Participant or anyone acting in any capacity on behalf of Ulster Hockey which raises the concern of the Ulster Hockey Management Board.

Anti-doping Regulations

4. Ulster Hockey has adopted the Sport Ireland Anti-Doping Rules and all matters regarding Doping shall be dealt under these rules which shall take precedence over these Disciplinary Procedures.

Safeguarding Policy

5. In all cases where there is concern about the safety or protection of children, the Chair of the Disciplinary Committee must immediately refer the matter to the Ulster Hockey Safeguarding Officer. Ulster Hockey Safeguarding Policy, when appropriate, shall take precedence over these Disciplinary Procedures.

3.0 The Disciplinary Committee

6. Ulster Hockey Management Board shall each year approve and ratify members to the Disciplinary Committee. The Disciplinary Committee shall comprise of up to eleven (11) members. A minimum of four (4) members per gender shall make up the committee. The Board shall approve the appointment of a Chairperson, Vice Chair and up to nine (9) other members, who may include a current player and a minimum of two (2) representatives from umpiring.
7. The Disciplinary Committee shall select one (1) of its members for the role of Secretary who shall minute proceedings of all the Disciplinary Committee meetings.
8. A Disciplinary Hearing or Disciplinary Committee meeting shall be convened by the Chair or Secretary. In the event that the Chair cannot attend; or is excluded from attending due to a conflict of interest, the Vice-Chair shall assume the responsibilities and authority of the Chair of the Disciplinary Committee.
9. A quorum shall be five (5) persons including the Chair.
10. All decisions of the Disciplinary Committee shall be made by a simple majority. In the event of an equality of votes, the Chair of the Disciplinary Committee shall have a casting vote.
11. Any Disciplinary Committee Member who has an interest in, or direct knowledge of, the subject matter of the Disciplinary Hearing shall declare their interest or knowledge to the Chair of the Disciplinary Committee, in advance of the hearing. The Chair of the Disciplinary Committee shall decide whether to exclude a Disciplinary Committee Member from the hearing. In the event that the Chair cannot attend or is excluded from attending the hearing due to a conflict of interest, the Vice-Chair will decide whether to exclude a Disciplinary Committee Member. For the avoidance of doubt, where a member of the Disciplinary Committee is an Umpire, or a Technical Official in a match which is being considered by the Disciplinary Hearing, they will NOT be permitted to participate in the hearing or decision making process.

12. In the event that a Disciplinary Hearing or Disciplinary Committee meeting is inquorate, the Disciplinary Hearing or Disciplinary Committee meeting shall be adjourned and reconvened at a later date to be determined by the Chair of the Disciplinary Committee.
13. In accordance with Article 20 of the Ulster Hockey Union Constitution, the Disciplinary Committee shall consider all cases where:
 - a Participant receives a Red Card;
 - a Participant accumulates five (5) or more yellow cards during the playing season;
 - a request is received from the Ulster Hockey Management Board;
 - a misconduct or code of conduct report has been received;
 - a complaint has been received regarding an umpire; and
 - any other disciplinary matter has been referred to it by the Ulster Hockey Management Board in accordance with these Regulations.
14. The following decisions, while not exhaustive are available to the Disciplinary Committee and may be applied to a Participant:
 - dismiss the case
 - no further action required
 - issue advice & guidance to participants
 - issue warning as to future conduct
 - suspension for a number of matches
 - suspension for a period of time
 - suspension "sine die" with a defined minimum time suspension
 - suspension imposed but "deferred" for a period of time
 - fine imposed on Club
15. When deliberating on a decision, the Disciplinary Committee may consider the following
 - any sanction imposed on the Participant by the Participant's Club / School in respect of the offence; and
 - the Participant's previous record over the past five (5) years.

4.0 Disciplinary & Misconduct Reporting

Red Cards

16. There are two Red Card categories
 - a. Category 1 Red Card (i.e. "a straight Red"). This category of Red card is reserved for the most serious offences and will be applied for offences such as an act of violence, spitting, striking, physical assault (causing injury), racial, sectarian abuse, direct

repeated or foul mouthed verbal abuse and sexual harassment. This is not an exhaustive list and other offences will be considered on a case by case basis.

- b. Category 2 Red Card This category of Red Card is to be used where an umpire issues a Red Card that does not meet the criteria for a Category 1 Red Card; or where a Participant receives two Yellow Cards¹ in the same match, resulting in the issue of a Red Card.
17. Where the Participant has been issued with a Red Card, the Chair, Vice Chair or Secretary of the Disciplinary Committee, will carry out a preliminary assessment of the misconduct charge to determine the classification of the Red Card as per Regulation 16. Where there is doubt regarding the classification of the Red Card, a quorate group of the Disciplinary Committee will carry out an assessment of the misconduct charge and determine whether it should be classified as a Category 1 or Category 2 Red Card.
18. There shall be no appeal against the classification of a Red Card save for mistaken identity. In the event that a case of mistaken identity is confirmed, the Disciplinary Committee, shall be entitled to rescind the Red Card and then transfer the Red Card to another Participant whom the Disciplinary Committee can confirm was responsible for the misconduct.
19. For the purposes of the accumulation of Red Cards, the Red Card shall be treated as having been issued on the date of the match not the date that the Red Card report was submitted.

Category 1: Red Cards

20. From the information available, if it is determined that the Red Card is classified as a Category 1 Red card, a date will be set for the Disciplinary Hearing (it is expected that a Disciplinary Hearing will take place within 10 working days of the initial classification of the Red Card).
21. In addition, the Secretary of the Disciplinary Committee will issue an Emergency Suspension Notice to the Secretary of the Participant's Club that is effective immediately and will remain in place until midnight on the day AFTER the date of the Disciplinary Hearing. However, if the Disciplinary Hearing does NOT take place within ten (10) working days, then the Emergency Suspension will lapse, unless the Disciplinary Committee meet and agree to issue another Emergency Suspension Notice. An Emergency Suspension Notice can only be renewed once for the same misconduct offence.
22. Between the date that the Emergency Suspension Notice is sent to the Secretary of the Participant's Club and the date of the hearing, the Chair of Disciplinary Committee shall

¹ In such a scenario, the first Yellow Card will be recorded on Ulster Hockey's Record of Temporary Suspensions. The second Yellow Card will not be recorded.

be entitled to request such additional information or evidence as they see fit for consideration by the Disciplinary Committee.

Category 2: Red Cards

23. From the information available, if it is determined that the Red Card should be classified as a Category 2 Red Card, the Participant may continue to participate in hockey until the date of the Disciplinary Hearing (it is expected that a Disciplinary Hearing will take place within 10 working days from the initial classification of the Red Card).
24. Between the date that the Red Card is received and the date of the hearing, the Chair or Secretary of Disciplinary Committee shall be entitled to request such additional information or evidence deemed necessary for consideration by the Disciplinary Committee.

Yellow Cards

25. When a Participant receives a Yellow Card it will result in either a
 - ten (10) minute temporary suspension; or
 - five (5) minute temporary suspension.
26. Where a Participant accumulates any combination of Yellow Cards that results in a total temporary suspension of twenty (20) minutes or more, in the same competition, the Participant will be issued with an automatic one (1) match suspension. The suspension will be effective 24 hours following the issue of the Suspension Notice (by e-mail) to the Secretary of the Participant's Club (with the date and time taken from the e-mail time-stamp).
27. Should a Participant accumulate five (5) or more yellow cards in a season then a Disciplinary Hearing will be convened as described in Section 5.
28. There shall be no appeal against any suspension issued under Regulation 26 save for mistaken identity. In the event that a case of mistaken identity is confirmed, the Chair of the Disciplinary Committee, shall be entitled to rescind the Yellow Card and then transfer the Yellow Card to another Participant whom the Disciplinary Committee can confirm was responsible for the misconduct.

Match Card

29. For each match, the Umpires, or if appointed the Technical Officials, shall complete a Match Card. All Yellow and Red Cards must be reported on the Match Card – umpires should confirm the identity of the Participant who has been 'carded' with Team Captains / Coaches / Managers, before completing the Match Card, so to avoid mistaken identity.
30. The Match Card must be signed by each Umpire and, if applicable, each Technical Official, and by the Captain of each team.

31. Once the Match Card has been completed, if the Umpires have recorded **ANY** Yellow or Red Cards on the Match Card then the umpire² or, if appointed the Technical Officials, must take a digital image of the Match Card and send it by e-mail to disciplinary@ulsterhockey.com, with the subject line including details of the match (League, Home Team & Away Team). The Match Card must be received within three (3) days of the date of the relevant match.

Yellow and Red Card Reporting

32. All Yellow Cards **MUST** be noted on the Match Card, against the Participant who was awarded the Yellow Card. For each entry, the Umpire or Technical Official must record how long the suspension was for (i.e. five (5) or ten (10) minutes), the type of the Yellow Card (refer to the descriptions on the Match Card) and who awarded the Yellow Card (either by using the Umpire's or Technical Official's initials, or using either the 'A' or 'B' code (dependent on which umpire has signed the Match Card as Umpire A and Umpire B). Where the offence is classified as 'Other', it would be helpful if the Umpire or Technical Official could provide a brief explanation of the offence at the bottom of the Match card.

For the avoidance of doubt, there is NO longer a requirement to complete an additional Yellow Card Report.

33. If a Red Card has been recorded on the Match Card, then in addition, a separate Red Card Report **MUST** be sent by the Umpire or Technical Official who awarded the Red Card by e-mail to disciplinary@ulsterhockey.com. The Red Card Report should be received within 48 hours following the conclusion of the match.
34. The Secretary of the Disciplinary Committee will maintain a spreadsheet of all Red & Yellow Cards issued during a season. There will be separate spreadsheets for Men's and Ladies Hockey. The spreadsheet will be shared electronically to the following persons:
- the Disciplinary Committee
 - the Chair and Secretary of the Umpires' Committee
 - the Ulster Hockey Executive Manager.

Outstanding Red, Yellow Card, Misconduct and Code of Conduct Reports

35. Umpires / Technical Officials are responsible for submitting Red Card Reports to disciplinary@ulsterhockey.com to be received within 48 hours of the conclusion of the match. Where such reports are not received within this timescale they shall be referred to the Umpire's Committee by the Secretary of the Disciplinary Committee for attention, if appropriate.

² If both umpires have issued Yellow cards, the umpires should agree who will send the digital image of the Match Card to Ulster Hockey. There is no need for both umpires to send in the same Match Card.

36. Misconduct / Code of Conduct Reports should be emailed within seven (7) days of the date of the incident to disciplinary@ulsterhockey.com.

Misconduct / Code of Conduct Reports / Referrals from the Ulster Hockey Management Board

37. Where a Misconduct / Code of Conduct Report has been received, or a referral has been made by the Ulster Hockey Management Board, the Secretary of the Disciplinary Committee will arrange for all the correspondence to be sent to the Secretary of the Club or directly to the Participant.
38. The Secretary of the Club or Participant to whom the report refers must provide a response to the Secretary of the Disciplinary Committee within seven (7) days from the date that the request is made.
39. On receipt of a response, the Secretary of the Disciplinary Committee will copy the correspondence to the Chair & Vice Chair of the Disciplinary Committee who will determine how to proceed.
40. Between the date that the Misconduct / Code of Conduct / Referrals from the Ulster Hockey Management Board is received and the date of the hearing, the Chair or Secretary of Disciplinary Committee shall be entitled to request such additional information or evidence deemed necessary for consideration by the Disciplinary Committee.

5.0 Hearings

Adult Disciplinary Hearings

41. The Chair of the Disciplinary Committee shall decide the most appropriate method to convene a Disciplinary Hearing. The expectation is that the ALL hearings, where appropriate, will be conducted by video link. In exceptional cases, or cases involving Participants under 18, the Chair of the Disciplinary Committee may agree to a physical hearing.
42. Notice of the Disciplinary Hearing, which will include details of the meeting, including the date, time, & video link details will be forwarded by the Secretary of the Disciplinary Committee to the Secretary of the Participant's Club, at least seven (7) days in advance of the date of the Hearing
43. In exceptional circumstances, it may be necessary to convene a Disciplinary Hearing at short notice and in such instances, the Secretary of the Disciplinary Committee will provide the Secretary of the Participant's Club with as much notice as is practically possible.
44. The Secretary of the Disciplinary Committee will issue details of the Disciplinary Hearing and copies of all necessary documentation to members of the Disciplinary Committee via e-mail in advance of the meeting.

45. The Disciplinary Hearing will consider the evidence and representations from the Participant or on behalf of the Participant and decide whether or not additional sanctions or penalties should be applied to either the Participant or to the Participant's Club
46. Where a hearing is convened to consider a case, the following shall be adhered to:
- the Participant has the right to be accompanied or represented (virtually) by an officer of the Club / School;
 - Chair will introduce themselves and explain the procedure;
 - the Participant is asked if they understand the procedure;
 - Umpire's (or other) report(s) is/are read by the Chair of Disciplinary Hearing;
 - the Participant is asked for their comments on the report and can elect to present evidence³;
 - the Participant's virtual accompanying person (if any) is asked for their comments and can elect to present evidence²;
 - Throughout the hearing the Disciplinary Committee may pose questions;
 - the Participant is advised that they will be notified of the decision as soon as possible;
 - the Participant and the Participant's accompanying person (if any) leaves the virtual hearing;
 - the Disciplinary Committee discusses the case and reaches a decision;
 - A Decision Letter will be sent by the Secretary of the Disciplinary Committee to the Secretary of the Participants Club.

Under 18 Hearings (Club Hockey)

47. Where a Disciplinary Hearing is convened to consider a case of a Participant under 18 (participating in Club Hockey), the following shall be adhered to:
- the Disciplinary Committee is reduced to four (4) including the Chair.
 - the Participant **MUST** be accompanied (either virtually or physically) by an officer from her / his club. A parent / guardian may also attend as an observer (either virtually or physically). If the Participant is unaccompanied by an officer of their Club, the hearing will be adjourned and will be re-scheduled for a later date.
48. Aside from these changes the Disciplinary Hearing will follow the same procedure as described in Regulation 46.

³ Such evidence can be given in any form (e.g. orally, written, audio or video). The Participant is responsible for ensuring that the evidence can be presented to the Disciplinary Hearing using the technology being used for the video link

Under 18 Hearings (Schools Hockey)

49. Only Red Card misconduct charges will be dealt with by the Disciplinary Committee. Where a Disciplinary Hearing is convened to consider a case of a Participant under 18 (participating in School Hockey), the following shall be adhered to:
- the Disciplinary Committee is reduced to three (3) including the Chair, plus one (1) member of the Joint Schools Committee whose gender is the same as the Participant.
 - the Participant MUST be accompanied by a member of staff from his / her School. A parent / guardian of the Participant may also attend as an observer. If the Participant is unaccompanied by a member of staff from his / her School the hearing will be adjourned and will be re-scheduled for a later date.
50. Aside from these changes the Disciplinary Hearing will follow the same procedure as described in Regulation 46.

Non-attendance at Hearings

51. Where a Participant is not able to participate at a hearing, the Participant's Club or School Secretary MUST notify the Secretary of the Disciplinary Committee in advance of the meeting.
52. In the case of non-attendance, the Participant, the Participant's Club / School may provide a written submission to be considered by the Disciplinary Committee. Any such submission, in either electronic or hard copy format, must be received by Ulster Hockey at least two (2) days prior to the date of the hearing (or by a date & time agreed by the Chair of the Disciplinary Committee). In exceptional circumstances, late submissions may be considered.
53. The Disciplinary Committee shall have sole discretion in deciding whether or not to adjourn or postpone the Disciplinary Hearing. Nothing shall prevent the Disciplinary Committee from convening or proceeding with a Disciplinary Hearing without the Participant being present or being accompanied by an individual, except when Regulation 47 or 49 applies.
54. Where the Secretary of the Disciplinary Committee has not received notification by 12 noon on the day of the hearing, that a Participant / Club / School will not be in attendance at the arranged Disciplinary Hearing, a fine of £50 may be levied by the Disciplinary Committee on the Club / School. Details of any fine and payment procedures will be included in the notification letter issued to the Club / School.

6.0 Disciplinary Committee Decisions & Serving Suspensions

55. The Secretary of the Disciplinary Committee shall keep a record of all cases heard.
56. Where a suspension is imposed, the suspension prohibits the player from participating in any capacity, i.e. playing, coaching, managing, umpiring, during the period of the suspension. Aside from 'Emergency Suspensions' which are effective immediately,

sanctions imposed following a Disciplinary Hearing will be effective 24 hours following the issue of the Suspension Notice (by e-mail) to the Secretary of the Participant's Club / School (with the date and time taken from the e-mail sent time-stamp).

57. Suspensions will be served in all matches played under the auspices of the Ulster Hockey, however, where a "time bound" suspension is imposed, the suspension will be served in all hockey played under the auspices of Hockey Ireland.
58. The Participant must serve their suspension for matches played by the team that they are registered to play for. For the avoidance of doubt a 3rd XI player cannot count matches played by the 1st XI or 2nd XI as matches counting towards their suspension. If a club can prove that the Participant regularly plays for a higher or lower team, then these matches may be included **IF** the Participant's name appears on all four (4) preceding Match Cards for that team from the date of the suspension notice.
59. Suspensions which are not completed in full during a current season are carried over to the following season

Reports to Management Board, Ulster Hockey Union

60. The Secretary of the Disciplinary Committee shall forward a regular report to the Executive Manager of the work of the Disciplinary Committee during the season for the Ulster Hockey Management Board. The Report should contain details of all cases heard, decisions taken and any other issues to be considered by the Ulster Hockey Management Board.

Notification

61. The Secretary of the Disciplinary Committee will prepare Decision Letters following the Disciplinary Hearing and issue to the Secretary of the Participant's Club or School by e-mail.
62. The Decision Letter will contain the following information
 - details of the decision;
 - the date a suspension is effective from;
 - the conditions of the suspension;
 - details of the Appeals Procedure; and
 - the requirement on the Club to notify Ulster Hockey when and how the suspension was served.
63. The above information may be made available to the Club immediately following the meeting upon request.

Publicity

64. Ulster Hockey shall publish any suspensions imposed or rescinded under these regulations on the Ulster Hockey website and any decision of the Disciplinary

Committee or Appeal Hearing and shall do so in a manner and in such form as Ulster Hockey determine.

Fines

65. Where a fine is imposed on a Club or School, details of the fine and payment procedures will be included in the Decision Letter issued to the Club or School.

Suspensions Served

66. When a suspension has been completed and **BEFORE** the individual is permitted to participate again, the Club is required to inform the Secretary of Disciplinary Committee by e-mail to disciplinary@ulsterhockey.com, of the details of the date(s) and match(es) in which the individual did not participate.
67. Where a Club fails to notify the Secretary of the Disciplinary Committee, a further suspension and / or fine may be imposed.

Appeals

68. Any Appeal against a decision of the Disciplinary Committee must be made in accordance with Article 21 of the Ulster Hockey Union Constitution.

7.0 Umpire Complaints / Misconduct

69. All complaints or misconduct allegations regarding an Umpire should be made in writing and sent to the Ulster Hockey Executive Manager by the Secretary of the Club making the complaint. A fee of **£250 MUST** accompany all such complaints. All such complaints must be submitted within seven (7) days of the alleged misconduct.
70. Complaints about individual decisions or matters of interpretation during a match will **NOT** be accepted.
71. The Executive Manager, being satisfied that the complaint has been correctly submitted, will notify:
- the Chair & Secretary of the Disciplinary Committee who may convene a Disciplinary Hearing; and
 - the Chair of Ulster Umpires Executive Committee on a confidential basis
72. If the Disciplinary Committee determine that alleged misconduct offence merits further consideration the Secretary of the Disciplinary Committee will seek the Umpire's comments on the complaint. In the case of a Club Umpire, the Secretary of the Disciplinary Committee will ask the Umpire's Club Secretary to arrange for the Club Umpire to provide a response within seven (7) days. In the case of an Ulster Hockey Panel Umpire, the Secretary of the Disciplinary Committee will ask the Chair of the Ulster Umpires Executive Committee to arrange for the umpire to provide a response within seven (7) days.

73. If required, the Secretary of the Disciplinary Committee will issue notification of the Disciplinary Hearing and all necessary documentation to either the Umpire's Club Secretary or to the Chair of Umpires Sub Committee via email giving at least seven (7) days' notice.
74. Where a hearing is convened to consider an Umpire Complaint case, the following process shall be adhered to:
- the Umpire has the right to be accompanied (virtually) by an officer of the Club (if a Club Umpire), or Ulster Hockey Panel Umpire or anyone else;
 - The Chair will introduce themselves and explain the procedure;
 - the Umpire will be asked if they understand the procedure;
 - the complaint will be read by the Chair of the Disciplinary Committee;
 - the Umpire will be asked for their comments on the complaint and will be invited to take the Disciplinary Committee through any written response they have submitted;
 - The Disciplinary Committee is given the opportunity to pose questions;
 - the Umpire's accompanying person (if any) is asked for their comments;
 - the Umpire is advised that they will be notified of the decision as soon as possible;
 - the Umpire and the Umpires accompanying person (if any) leaves the meeting;
 - the Disciplinary Committee discusses the case and reaches an outcome;
 - A Decision Letter will be issued by the Secretary of the Disciplinary Committee by email to either the Umpire, or the Umpire's Club Secretary and to the Chair of Umpires Sub Committee
75. The outcome of the process, including any recommendations, from the Disciplinary Hearing will be reported to the Ulster Hockey Management Board and the Chair of the Umpires Executive Committee. The Board will decide if the fee is to be retained or returned to the club or school.

8.0 Review of Procedures

76. The Disciplinary Committee will carry out an annual review of these regulations. The updated draft regulations will be copied to the Umpire's Committee for information. The final draft of the regulations will be sent to the Ulster Hockey Management Board for approval.

9.0 Appendix 1: Definitions and Interpretation

Term	Meaning
AGM	The Annual General Meeting of Ulster Hockey.
Cards	Means Green Cards, Yellow Cards or Red Cards.
Club	A club that is a full member of Ulster Hockey or is otherwise a recognised hockey body that falls within the jurisdiction of Ulster Hockey.
Complaint	Means a complaint which has been submitted to Ulster Hockey and complies with its Complaints Procedure.
Competition	All outdoor leagues (including play-offs) and cups shall be counted as one competition; and All indoor leagues (including play-offs) and cups shall be counted as a separate competition.
Disciplinary Committee	Means the Disciplinary Committee (see Article 2 of Ulster Hockey Ltd's Articles of Association)
Disciplinary Hearing	Has the meaning given in Section 5 in this document.
Disciplinary Committee Member	Has the meaning given in Section 3 in this document.
Emergency Suspension Notice	This is a temporary suspension notice that lasts no more than ten (10) days and prevents the Participant taking part in ANY hockey activity during this period. It can ONLY be issued if the Chair, Vice-Chair or Secretary agree to categorise a Red Card misconduct charge as a Category 1 Red Card Offence. The suspension is effective immediately. There is no appeal against this sanction.
Match Card	Means the form used by Ulster Hockey to record players, score and penalties related to each match played under the auspices of Ulster Hockey.
Participant	This list is not exhaustive, but includes a player, coach, assistant coach, physio, manager, umpire, technical official, club, club member, director, official, officer, employee, contractor, worker, agent, representative(s) of a Club, spectator or any other person involved in or connected to the sport of hockey
Red Card	Means either a Category 1 Red Card or Category 2 Red Card.
Regulations	Means Ulster Hockey's Disciplinary Procedures and Regulations (i.e. this document)
Suspension	Means a period when a participant is not permitted to play, coach, manage, officiate, umpire or spectate within the confines of the field of play (including the dugouts) during any match within the jurisdiction of Ulster Hockey.

10.0 Appendix 2: Red Card / Misconduct Report



RED CARD / MISCONDUCT REPORT FROM

Competition			
Date			
Match		vs	
Player's Name		Club	
Details of Offence			
Umpire		Date	
Colleague			

Please send this report by email to disciplinary@ulsterhockey.com within 3 days of the match